



ROADRUNNER CHRONICLE

September 2006

Monthly Newsletter for the Retirees of Tempe Association

MURDER MYSTERY Dinner Theatre

Saturday, September 30 at 6:30 pm



Join us at the Pyle Adult Recreation Center for an evening of Murder, Mayhem and Dinner as *Murder Ink Productions* puts you in the middle of a mystery. This original 1930's comedy mystery is an evening you will long remember as you dine with infamous gangsters, their families, friends and even enemies. This will be a showdown staged in Chicago, so put on your zoot suit as you will become a witness to the Mafioso Murders. Your dinner menu will be meat lasagna, Caesar salad, broccoli, breadsticks, cheesecake with raspberry sauce, tea and coffee.

Cost: \$10 RTA members and \$15 non-members

Price includes dinner and entertainment

Registration Deadline:

Friday, September 22

Registration Code: 3963



Retiree Fall Tea

Join us for our Fall Tea on Thursday, September 21 at 2 pm. The tea will feature door prizes, scrumptious pastries, savory finger foods, delicious teas, *quali-T-E-A* entertainment and great company. We encourage you to wear "tea attire"; hat and gloves. We hope you will join us for an elegant afternoon so sign-up today because space is limited!

Cost: \$10 RTA members and \$15 non-members

Registration Deadline: Friday, Sept 15

Registration Code: 3962



Tuesday Needlewielders move to the Northside Center



The Tuesday Needlewielders group have a new home! They have recently relocated to the new North Tempe Multi-generational Facility at 1555 N. Bridleweath in Tempe. They were previously meeting at the Abiding Savior Lutheran Church in north Tempe. The group meets each Tuesday in the Sisso Room from 9 am-12 noon. If you like to crochet, knit, sew, quilt or socialize with a group of talented and fun ladies, this group is for you! You are welcome to join them. Ask at the Pyle front desk for a map to this new facility.

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City of Tempe Parks and Recreation

Pyle Adult Recreation Center • 655 East Southern Avenue, Tempe, AZ 85282

Business Office: 480-350-5211 Fax: 480-350-5294 Text Telephone/TDD: 480-350-5050

www.tempe.gov/pyle

Hours of Operation: 8:00 am—9:00 pm Monday—Thursday
8:00 am—5:00 pm Friday 9:00 am—4:00 pm Saturday

Program Registration Information

Registration for the retiree programs is required. Full payment for your reservation is due at the time of sign up, unless otherwise stated. You may register at:

Pyle Adult Recreation Center

655 E. Southern Avenue or

Cahill Senior Center

715 W. 5th St.

or call the front desk for further information at 480-350-5211.



SIGN UP TODAY!



Registration begins August 28 (TCAA lunch menus on the calendar on Page 7)

9/1	F	TCAA Lunch
9/5	T	TCAA Lunch -Aaron Huddelson
9/6	W	Radiant Aging Lecture
9/8	F	TCAA Lunch-Hangman
9/11	M	Pizza Lunch and Games
9/12	T	TCAA Lunch-Uno
9/15	F	TCAA lunch -"Founding Father's Trivia"
9/15	F	Bunch for Lunch - Grandma's Kitchen
9/18	M	Ham and Cheese, Kitch & Callie Comedy
9/19	T	TCAA Lunch-"Treasure Hunt"
9/21	Th	Retiree Fall Tea
9/22	F	TCAA lunch-Native American Day
9/25	M	Birthday Bingo
9/26	T	TCAA Lunch-Chicken Foot
9/29	F	TCAA lunch -Loteria
9/30	Sat	Mafioso Murder Dinner

MONDAY LUNCH Program

Our lunch program begins with announcements at 11:30 am and is followed by a delicious meal, and then entertainment. You may register for the entire month in advance, but payment in full is required by the Wednesday prior to the Monday program.

September 4: Pyle Center Closed-Labor Day

September 11:

Menu: pizza, salad, key lime pie and drink. Entertainment will be playing some fun games with Michele!

Cost: RTA member \$4.00 & \$5.00 non-member

Registration Deadline: 9/6

Registration Code: 3172



September 18:

Menu: Ham and cheese sub, chips, pickle, brownie sundae and drink. Entertainment: **Kitch & Calli** present the 'A to Z of Comedee #2'. If you're in the mood to giggle like a school kid then you really need to see this comedy show! ALL NEW material!

Cost: RTA member \$4.00 & \$5.00 non-member

Registration Deadline: 9/13

Registration Code: 3173

September 25:

BIRTHDAY BINGO ~ Bring your own lunch and help us celebrate our **September** birthdays with some yummy cake & ice cream. Bingo will follow and it is played for small prizes. Come join the fun. We know you can't pass up a piece of cake & ice cream! **FREE for RTA members** and \$1.00 for non-members.

Registration Deadline: 9/20

Registration Code: 3174

MARK YOUR CALENDAR NOW!

HAWAIIAN LUAU
SATURDAY, NOVEMBER 4TH
6 PM-PYLE ADULT CENTER

GREAT FOOD AND HAWAIIAN
ENTERTAINMENT!



CRAFT SALE VENDOR REGISTRATION COMING SOON



Do you make arts and crafts for a hobby? How about selling your handmade items at this year's Retirees of Tempe Association (RTA) Annual Arts and Crafts Boutique? The boutique is scheduled for Friday, October 27 from 9 am - 4 pm and Saturday, October 28 from 9 am - 3 pm at the Pyle Adult Recreation Center. Vendors will be displaying their arts and crafts items both days.

Vendor registration for RTA members (must have been a member by July 1, 2006) will be on Monday, September 11 at 8:30 am at the Pyle Center and each vendor must be present to register. Cost per 6' table for RTA members is \$20 (two table maximum). Non-RTA members and crafters under the age of 50 may register to participate in the craft sale on a space available basis beginning on Wednesday, September 13. Please call ahead to make sure there is still space available if you are registering on Wednesday. Cost for non-RTA members and crafters under the age of 50 is \$30 per 6' table (2 table maximum). Plan now and make up plenty of those creative crafts. We hope to see you in October. If you have any questions regarding the registration process, please feel free to contact us at 480-350-5211.

SPECIAL Interest

APACHE GOLD CASINO BUS TRIPS



Bus trips to the casinos are being offered again at the Pyle Center! Join us once a month on a trip to Apache Gold Casino. The bus will depart the Pyle Center at 7:30 am and return to the center by 4:30 pm. Cost for each trip is \$11.00. Upon arrival to Apache Gold, each registrant will receive a \$10 cash back coupon and a FREE fun book with food and gaming coupons. So the total cost for the trip to the casino will be \$1, which will go to driver's gratuity. We must have at least 35 participants registered in order for the trip to go, so register early! Bingo, poker, slot machines are just part of the gambling fun day!

Listed below are the dates scheduled for the bus casino trips for Fall:

Tuesday, September 19
Registration Code: 4048

Tuesday, October 31
Registration Code: 4049

Friday, November 10
Registration Code: 4050

Thursday, December 7
Registration Code: 4051

Looking for a few good Men and Women age 50+ to help change a child's life.

The City of Tempe and the Tempe Elementary School district will bring the Experience Corps program, which is a nationally recognized literacy program, to three identified elementary schools starting October 2006.

The Tempe team of Experience Corps volunteers will provide one-on-one tutoring to struggling students in kindergarten through third grade. Volunteers do not need special skills just your willingness to share your experience, your time and patience. Comprehensive training, excellent support services and an orientation will be provided. A range of commitment is available to volunteers from 4 hours up to 15 hours a week. Volunteers willing to commit 15 or more hours will be paid a monthly stipend of approximately \$200 dollars. The stipend positions have an age requirement of 55+ due to funding stipulations. For more information please call Peggy Goldberg at (480) 858-2465.

Sign up at the front desk today!



CLUBS/Activities

Bunch for Lunch Group:

Come join this fun group as they meet for lunch and enjoy good food and good company.



Our next outing will be held on Friday, September 15 at 11:30 am. We will be dining at **Grandma's Kitchen** located at 19 N. Robson in Mesa; 1/4 block north of Main on the east side of the street. Robson is one block east of Country Club Dr.

Meet at the restaurant. Transportation and cost of lunch is on your own. Please sign up at the Pyle front desk if you would like to attend.

Blood Pressure Checks

If you'd like to have your blood pressure checked by one of our experienced volunteers then come to the Pyle Center on the first Monday of every month. This is on a first-come, first-serve basis and will be available between 10:30 -11:15 am in the Card Room. This month's check will be held on **September 11**. If you are experienced and interested in volunteering to assist with blood pressure checks, please stop by the front desk to sign-up. We have the equipment; we just need the volunteers.

TCAA Lunches at the New North Tempe Senior Center

Tempe Community Action Agency will be serving congregate meals at the new North Tempe Senior Center on Tuesday, Wednesday and Thursday at 11:30 am. Bingo will also be played on Tuesday after the meal. The new center is located at 1555 N. Bridleweath in Tempe. Need a map? See the Pyle or Cahill front desk.

Free TUESDAY MOVIES



The Pyle Center is pleased to offer a variety of movies, **FREE**, every Tuesday at 12:30 pm.

September 5 - Annapolis

Drama/Action (PG-13) 1 hr 43min

September 12 - The Family Stone

Drama/Comedy (PG-13) 1 hr 43min



September 19 - The New World

Drama (PG-13) 2 hr 29min

September 26 - Elizabeth Town

Comedy/Drama (PG-13) 2 hr 3min

TCAA Lunch Program

All games and entertainment will start at 11:00 am. We have now expanded our programming to Tuesdays AND Fridays.

- Sept. 5 Join Aaron Huddelson as he plays some classic and contemporary songs on his guitar.
- Sept. 8 Play *Hangman* with the staff. It's National Literacy Day!
- Sept. 12 We are playing UNO!
- Sept. 15 Today is Mayflower Day! We are going to celebrate by playing "Founding Fathers Trivia".
- Sept. 19 Join us for a "Treasure Hunt". Without leaving your seat we will take you on a tour of Pyle and test your knowledge of our staff and the services we offer. This is all in honor of "Talk like a Pirate Day."
- Sept. 22 Native American Day will feature traditional and contemporary Navajo Flute music while you dine.
- Sept. 26 Learn to play the game *Chicken Foot*.
- Sept. 29 We will play the Spanish version of bingo, *Loteria* for fun and prizes.

MICHELE'S Moments

Welcome back to those of you that were lucky enough to get out of the heat this summer and traveled elsewhere. It is time to get involved again at the Pyle Center this Fall. We have a huge slate of activities coming up, and lots of fun special events.

First, I wanted to let you know we have a casino bus trip going once a month to Apache Gold Casino! The actual cost of your trip would be \$1 which covers the driver's gratuity. See more details on page 3 of this Roadrunner. We also have the Retiree Tea and Murder Mystery Dinner in September. If you have never had an opportunity to attend a Murder Mystery dinner, this is a less expensive way to go! Normally, they are \$20-\$30 a person to attend, but as an RTA member you can come for \$10 which includes your meal! Get your friends together and try and solve this famous Mafioso Murder based in Chicago. I guarantee you will enjoy it! In October, we have the Arts and Crafts Fair and a Volunteer Luncheon for all our wonderful volunteers from Pyle and Cahill Centers. In November, we will host a new special event on the evening of November 4th, an all-time favorite, a Hawaiian Luau! So get your grass skirt and your Hawaiian shirt out, and come enjoy traditional Hawaiian dancers, and great food! Something you won't want to miss...and **NO** I am not one of the hula dancers!

On October 26 we will host the opening reception of the Senior Artists of the Pyle Adult Recreation Center Art Exhibit on the 2nd floor of the Tempe Public Library. The exhibit will be the works of art of retirees from our very own art classes held at the center. The media will range from oil, acrylic, watercolor, colored pencil and other drawing media. The art will be extraordinary and if you like art, you won't want to miss the exhibit. If you cannot make the opening reception, the art will be up through January 26, 2007.

There is a new drop-in group that is meeting each week to play Mah Jongg. They play every Thursday at 9 am at the Pyle Center, if you would like to join them, please just drop on in at the Pyle Center!

Again, I invite you to come and join us, have fun, and share a smile. We truly enjoy seeing each of you every week!

LIFELONG Learning

Harvest of the Desert- Explore the harvest of the desert with Native American naturalist David Morris from Pueblo Grande Museum. Learn how plants were used for food, building, medicine and magic by examining the ethnobotany of the Sonoran Desert. Fee: None

3934 Th 9/14 6:30-7:30pm

Laughter Therapy- Have you laughed today? Prevent Hardening of the Attitudes and learn Laughter Fitness. Deborah Harbinson, RN, Certified Laughter Leader, will instruct you in laughter exercises that can be done sitting or standing and can be enjoyed by everyone. Fee: \$10

3198 W 9/13 7-8pm

Becoming a Master Gardener- What is a Master Gardener and just how do you become one?

Come and learn all about Master Gardening, if you like gardening, you will love it! Fee: None
3987 Tu 9/19 7 pm

Elderhostel Presentation- Joan Silberschlag with Elderhostel will discuss Elderhosteling. Come learn how to be part of this great adventure through which seniors are able to take advantage of inexpensive housing while attending classes in any imaginable subject. Fee: None.

3199 Tu 9/26 7-8pm

Flower Gardening- Colorful flowers can brighten a desert garden throughout the year if you know when and how to plant the right varieties. Learn how to grow both wildflowers and traditional garden flowers with the help of Judy Mielke, landscape architect and long-time flower gardener.

Fee: \$10

3192 Tu 9/26 6:30-8:30pm

Beyond Knitting & Crochet- If you know how to knit or crochet, but it has been many years since you have done it and you're unsure about starting a project, this is the class for you. This class will be all about the "next step." Fee: None.

3947 M 9/18-10/9 1-3pm

Radiant Aging: Moving from Retired to Inspired

Wednesday, September 6 at 10:30 am

FREE

Join Lori Ulman for a light-hearted discussion on the challenges of transitioning through the ages and stages of life. Lori believes that examining our lives now and taking the time to create a personal structure for success can provide us with our brightest futures. She is the owner of Transitioning Treasures, a downsizing and transitioning service for senior citizens. She is a former second grade teacher, the mother of a blossoming autistic child and a certified life coach.

Registration Code: 3200



One Time Art Classes to try for fun...

Try it, you might like it!

Scratchboard Art-Try this old fashioned reverse drawing technique using an Exacto knife and ink coated clay paper. A fun technique everyone should try. Fee: \$7

3978 Tu 9/19 6:30-8:30 pm

3977 W 9/20 10am-12

Charcoal-In this workshop, explore the oldest form of art medium in the world. Be creative, allow yourself to play in this messy art form!

Fee: \$7

3979 W 10/4 10am-12

3980 Tu 10/10 6:30-8:30 pm

Colored Pencils-Explore the properties of color, various drawing techniques, and the application of the techniques to enhance expressive content in color. Fee: \$7

Learn to Play Mah Jongg

Thursday, Sept 14 - Nov 2

1pm - 3 pm Fee: \$27

Join us every Thursday afternoon and learn how to play the popular tile game Mah Jongg. You will learn step by step how to play the American version of this fun and exciting game which consists of playing with tiles somewhat like dominoes.

This game of skill and chance will improve your memory and spark new friendships!

Registration Code: 3939



Conversational Spanish-

Learn while having fun and getting together with others who have an interest in learning or practicing Spanish. Using flash cards, songs, tapes, newspa-

pers, shopping, and interacting with others, you begin to independently pronounce the Spanish words easily. Required textbook: *Spanish in 10 Minutes A Day* published by Bilingual Books, Inc. Available in most bookstores for \$18.00.

Fee: None. Class will be held Tuesdays beginning October 3-November 14 from 10-11:30 am.

Registration Code: 3197

FREE SPIRIT VACATIONS (480) 926-5547 Call to book your next vacation!

Celebrate Life Travelers Get-Together will be held on **SEPTEMBER 19, 2006 at 9 am**. Please join us for valuable information AND fun! Learn about the new and exciting destinations we are featuring for 2006-07 season. We will have several guest speakers along with refreshments and door prizes.

Standin' on the Corner Festival-Winslow, AZ

Sept 29 - 30 \$ 165 pp/dbl \$ 215 pp/sgl

Apple Picking in Wilcox

October 7 \$ 69 pp

Albuquerque Balloon Festival

Oct 10 - 13 \$ 699 pp/dbl \$ 995 pp/sgl (air)

Tequila Festival

October 14-15 \$ 395 pp/dbl \$ 519 pp/sgl

Antelope Canyon and Lake Powell


November 9-12 \$ 499 pp/dbl \$ 699 pp/sgl

GREAT ROAD ART

November 18 \$ 89 pp

September - Pyle Center

7

MON	TUES	WED	THURS	FRI
<p><i>Get your ticket to the Mafioso Murder dinner show today! Space is limited!</i></p>				<p>1</p> <ul style="list-style-type: none"> •9am-12pm Canasta •12-3pm Pinochle •12pm—TCAA Lunch - Charbroiled hamburger, tater tots, buttered corn, cherry cobbler
<p>4</p> <p>CENTER CLOSED Labor Day</p> 	<p>5</p> <ul style="list-style-type: none"> •9am-12pm Needlewielders •10-2 Party Bridge •10-2 Pinochle •10am Readers' Theatre •12pm—TCAA Lunch - Beef with caramelized onion & bell peppers over egg noodles, sliced beets, cauliflower florets, roll, ice cream •12:30 FREE Movie— <i>Anna-polis</i> (PG-13) 	<p>6</p> <ul style="list-style-type: none"> •9-1 Painting Workshop •10:30 am Radiant Aging Lecture •1pm BINGO 	<p>7</p> <ul style="list-style-type: none"> •9am-12pm Needlewielders •9am-12pm Mah Jongg Play •10am Party Bridge •10-2 Pinochle •12-1:30pm Current Events 	<p>8</p> <ul style="list-style-type: none"> •9am-12pm Canasta •12-3pm Pinochle •12pm—TCAA Lunch - Roast beef, mashed potatoes, summer squash, roll, strawberry shortcake
<p>11</p> <ul style="list-style-type: none"> •8:30am RTA Member Craft Sale Registration •10am RTA Meeting •10:30am Blood Pressure Checks •11:30am Cribbage •11:30am Pizza, salad, key lime pie and drink. <p>Entertainment: <i>Games with Michele</i></p>	<p>12</p> <ul style="list-style-type: none"> •9-12 pm Needlewielders •10-2 Party Bridge •10-2 Pinochle •12pm—TCAA Lunch - Roast pork loin, baked potato halves, brussel sprouts, roll, fruit cocktail •12:30 FREE Movie— <i>The Family Stone</i> (PG-13) 	<p>13</p> <ul style="list-style-type: none"> •9-1pm Painting Workshop •1pm BINGO •7 pm Laughter Therapy 	<p>14</p> <ul style="list-style-type: none"> •9am-12pm Needlewielders •9am-12pm Mah Jongg Play •10am Party Bridge •10-2 Pinochle •12-1:30pm Current Events •1-3pm Mah Jongg Class •6:30pm Harvest of the Desert Lecture 	<p>15</p> <ul style="list-style-type: none"> •9am-12pm Canasta •11:30 Bunch for Lunch •12-3pm Pinochle •12pm—TCAA Lunch - Braised beef brisket, mixed veggies, oven roasted potatoes, bread, apple cobbler
<p>18</p> <ul style="list-style-type: none"> •11:30am Cribbage •11:30am Ham and cheese sub, chips, pickle, brownie and drink. <p>Entertainment: <i>Kitch & Calli</i></p> <ul style="list-style-type: none"> •1pm Beginning Knitting and Crocheting 	<p>19 7:30 am Casino Bus Trip</p> <ul style="list-style-type: none"> •9-12 pm Needlewielders •10-2 Party Bridge •10-2 Pinochle •10am Readers' Theatre •12pm—TCAA Lunch - Roast turkey with gravy, broccoli cuts, cream corn, bread, fruit cup •12:30 FREE Movie- <i>The New World</i> (PG-13) •6:30pm Scratchboard Art •7pm Master Gardener 	<p>20</p> <ul style="list-style-type: none"> •9-1pm Painting Workshop •10am Scratchboard Art •1pm BINGO 	<p>21</p> <ul style="list-style-type: none"> •9am-12pm Needlewielders •9am-12pm Mah Jongg Play •10am Party Bridge •10-2 Pinochle •12-1:30pm Current Events •1-3pm Mah Jongg Class •2pm Retiree Fall Tea 	<p>22</p> <ul style="list-style-type: none"> •9am-12pm Canasta •12-3pm Pinochle •12pm—TCAA Lunch - BBQ ribette, oven browned potatoes, cauliflower florets, bread, sherbet
<p>25</p> <ul style="list-style-type: none"> •10am Radiant Red Hats •11:30am Cribbage •11:30 Birthday Bingo - bring a sack lunch and enjoy some cake & ice cream •1pm Beginning Knitting and Crocheting 	<p>26</p> <ul style="list-style-type: none"> •9-12 pm Needlewielders •10-2 Party Bridge •10-2 Pinochle •12pm—TCAA Lunch - chicken stir fry over rice, broccoli, water chestnuts, squash, roll, mandarin oranges •12:30 FREE Movie— <i>Elizabeth Town</i> (PG-13) •6:30 pm Flower Gardening 	<p>27</p> <ul style="list-style-type: none"> •9-1 Painting Workshop •1pm BINGO 	<p>28</p> <ul style="list-style-type: none"> •9am-12pm Needlewielders •9am-12pm Mah Jongg Play •10am Party Bridge •10-2 Pinochle •12-1:30pm Current Events •1-3pm Mah Jongg Class 	<p>29</p> <ul style="list-style-type: none"> •9am Bibliomaniacs •9am-12pm Canasta •12-3pm Pinochle •12pm—TCAA Lunch - Ham & cheese sandwich, potato salad, Cole slaw, Jell-O
				<p>September 30</p> <p>Mafioso Murder Dinner Show 6:30 pm</p>

Bienvenido

CLUBS/ACTIVITY News

Conversational Spanish

Meets every Tuesday at 10:00 am in the Cahill Multipurpose Room. Join us if you have an interest in learning some Spanish!

Bingo

Is played at the Cahill Senior Center every Monday and Friday at 1:00 pm. If you are interested in being a caller or a bingo helper for either of the days, please see Leah or Cathy at the front desk. Bingo cards go on sale 30 minutes prior to the start of the game. Cards are 50 cents each and there is a six (6) card limit.

"Forget-Me-Nots" Red Hat Ladies

Paint the walls and the halls red - the hats are back! The first meeting will be held on Sept. 6 at 2:30 pm In the Riverside Room adjacent to the Cahill Center.

Pool Tournament

Generally every Friday at 10:00 am. Check the calendar for tournament days. Two game elimination. Open to everyone. Sign up at the Front Desk.

Needlework Club

Meets every Tuesday from 10:00 am to Noon in the Cahill Lobby. Knitting, Crocheting, Quilting, whatever your specialty, bring in your latest project and enjoy the company of others.

SPECIAL Events



Back to School Luncheon

Friday, September 8 at 11:00 am

Fee: RTA Members \$4, non-members \$5

Bring a picture of yourself from your high school days for a fun contest. Menu: fried chicken, Cole slaw, mashed potatoes and gravy, roll, and a cookie. Entertainment: Frank Mackey

Registration Code: 3241



Oktoberfest

Friday, October 6 ~ 11:00 am



Fee: RTA Members \$4, non-members \$5

Enjoy an autumn meal of bratwurst and kraut on a bun, potato salad and apple pie a la mode for dessert.

Entertainment: Kitch & Calli and the A to Z of Comedee.

Registration Code: 3242



City of Tempe Parks and Recreation
Dennis J. Cahill Senior Center • In the Westside Multigenerational Center
715 W. 5th St., Tempe, AZ 85281

Business Office: 480-858-2420 Fax: 480-858-2415 Text Telephone/TDD: 480-350-5050

www.tempe.gov/westside/senior.htm

Hours of Operation: 8:30 am—2:30 pm Monday—Friday



Breakfast & Bunco

Wednesday, September 13 at 9:00 am

RTA members: \$3, non-members: \$4

Menu: Quiche Lorraine, Fruit,
Croissant, juice and coffee

Registration Code: 3237

Cahill Site Council Breakfast & Games

Wednesday, September 27 at 9:00 am

Cost: \$3.00

Registration payment deadline: Friday 9/22.

Menu: Sausage, biscuits with sausage gravy, fruit cocktail, juice and coffee. Begin the morning with a good solid breakfast; brain food for the rest of the day and then enjoy some game time with good companions. See you there.

Two Dollar Lunches

Two dollar lunches will be held on September 15, 22 & 29. *Can YOU guess the cost?!* Menu: TBA

Welcome back, Cahill Kitchen Committee!



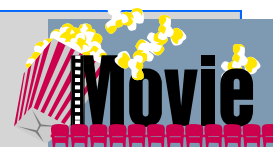
Fall Prevention

Tuesday, September 19 at 10 am

FREE

Join Marc Katz from Hearts of Joy Senior Care for an informative session on how to prevent falls in your home and elsewhere. Falling is the cause in 70% of accidental deaths among people 75 years of age and older. At least one in three people over the age of 65 will suffer one or more falls each year in their homes and most of these falls could have been prevented. Come and learn how to avoid falling.

Free NEW RELEASE



EVERY WEDNESDAY at 11:00 AM

September 6 - Annapolis
Drama/Action (PG-13) 1hr 43min

September 13 - The Family Stone
Drama/Comedy (PG-13) 1hr 43min

September 20 - The New World
Drama (PG-13) 2hr 29min

September 27 - Elizabeth Town
Comedy/Drama (PG-13) 2hr 3min



CAHILL Computer Classes

Computer 101 Fee \$5.00

Tuesday, September 5, 12, 19 & 26
9-10 am

This is for novice computer users. You will be introduced to the Internet, search engines, email and more. Space is limited.

Registration Code: 3706

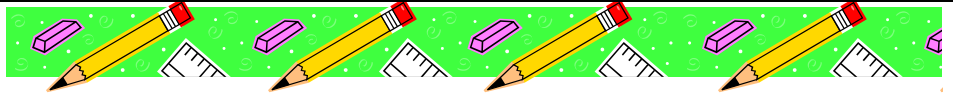
Computer 102 Fee \$5.00

Wednesday, September 6, 13, 20 & 27
9-10 am

This is Microsoft Word for beginners. Creating letters and posters using Word is covered as well as formatting text to be bold, italic and underlined. Cutting and pasting, indenting, and inserting Word Art will also be covered. Space is limited. **Registration Code: 3708**

For more information, contact Aileen Schmieder, Senior Service Leader, at 480-858-2422.

UPCOMING EVENTS

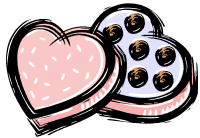


School days, school days, good old golden rule days, reading and writing and arithmetic taught to the tune of a hickory stick...

The Cahill Senior Center will be spending the golden days of September celebrating the A, B, C's of lifelong learning. **A** = Always be ready to learn or do something new. **B** = Be Brilliant! Let your light shine; you've got lots to say and do! **C** = Caring and consideration works well in either the giving or the getting so don't you be forgettin' to give some out as you go on your way.

The Cahill Senior Center will start our lifelong learning adventure with a tour of Arizona's own, Cerreta Candy Company in Glendale. Ever wonder how those marvelous mounds of chocolate candy get created? Is it like that hilarious LUCY episode where she and Ethel take a part-time job in a chocolate factory? Well come find out.

9/18 M **Cerreta Candy Company Tour* - Leaves from Cahill Senior Center at 8:45 am.



The tour will start at the factory promptly at 10:00 am. If you drive on your own, please arrive on time or you will miss some of the tour. The trip will return in time for congregate lunch (noon) at the Cahill Senior Center. Fee: None

Just to keep our experience of lifelong learning balanced there will be a trip to tour the Arizona Capital Museum. Besides seeing the expansive state museum, we will have the opportunity to visit the Legislative Gallery. So, if you are ready to brush up on your Arizona history you won't want to miss this outing.

9/26 Tu **Arizona Capital Museum Tour* - Leaves from Cahill Senior Center at 9:00 am.

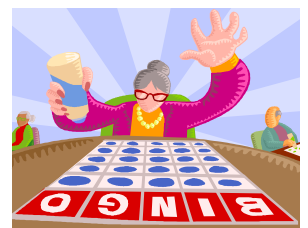


The tour will start promptly at 10:00 am. If you drive on your own, please arrive on time or you will miss some of the tour. Fee: None

* If you need van transportation to either tour then sign up at the front desk ASAP. The van can only hold 12 passengers. Anyone who wants to drive themselves can meet us at the Cahill Center and then follow the van or they can be supplied with directions.


The Cahill Center congregate lunch days, Mondays and Thursdays, in September will be stimulating for the intellect with such "mind games" as Vocabulary BINGO, Tell Me a Story, and Evidence and Deduction. If we have peaked your intellectual curiosity, then come prepared to play & use some of that grey matter. All games will be played at 10:00 am on the following dates:

- | | | |
|------|----|--|
| 9/7 | Th | Vocabulary BINGO |
| 9/11 | M | Vocabulary BINGO |
| 9/14 | Th | Tell me a Story |
| 9/25 | M | Evidence and Deduction |
| 9/28 | Th | All games—you get to choose which one we play. |



Be certain to check out the times and dates for all upcoming Cahill Center activities.

September - Cahill Senior Center

MON	TUES	WED	THURS	FRI
				1 •10am Pool Tournament •11am \$2 Lunch •1pm BINGO
4 CENTER CLOSED Labor Day 	5 •9am Computer 101 •10am Conversational Spanish •10am Needlework Club	6 •9am Computer 102 •11am FREE Movie <i>Annapolis (PG-13)</i> •2:30 pm Forget Me Nots Red Hat Meeting	7 •10am Vocabulary BINGO •12pm TCAA lunch: Chicken parmesan, mixed veggie, broccoli cuts, bread, peach halves	8 •11 am Back to School Luncheon - Fried Chicken, cole slaw, mashed potatoes/gravy, roll & cookie •1pm BINGO
11 •10am Vocabulary BINGO •12pm TCAA lunch: Chicken fried steak, mashed potatoes, glazed carrots, bread, pineapple tidbits •1pm BINGO	12 •9am Computer 101 •10am Conversational Spanish •10am Needlework Club	13 •9am Computer 102 •9am Breakfast & Bunco Quiche Lorraine, fruit, croissant, juice & coffee •11am FREE Movie <i>The Family Stone (PG-13)</i>	14 •10am Tell Me a Story •12pm TCAA lunch: Hot open faced turkey, mashed potatoes, mixed veggies, wheat bread, fresh fruit	15 •10am Pool Tournament •11am \$2 Lunch •1pm BINGO
18 •10am Cerreta Candy Company Tour •12pm TCAA lunch: Stuffed cabbage roll, baked potato halves, sliced carrots, roll, sliced pears •1pm BINGO	19 •9am Computer 101 •10am Fall Prevention lecture •10am Conversational Spanish •10am Needlework Club	20 •9am Computer 102 •11am FREE Movie <i>The New World (PG-13)</i>	21 •12pm TCAA lunch: Roast chicken breast, chopped spinach, yellow squash, garlic bread, fruit cocktail	22 •10am Pool Tournament •11am \$2 Lunch •1pm BINGO
25 •10am Evidence and Deduction •12pm TCAA lunch: Birthday luncheon - Roast beef, mashed potatoes, mixed veggies, birthday cake •1pm BINGO	26 •9am Computer 101 •10 am Arizona Capital Museum Tour •10am Conversational Spanish •10am Needlework Club	27 •9am Computer 102 •9am-Breakfast & Games Biscuits & Gravy, sausage links, fresh seasonal fruits, juice & coffee •11am FREE Movie <i>Elizabeth Town (PG-13)</i>	28 •10am Game Day •12pm TCAA lunch: Monterey chicken breast, brussel sprouts, green & wax beans, bread, banana	29 •10am Pool Tournament •11am \$2 Lunch •1pm BINGO

Coming soon

The Senior Artists of the Pyle Adult Recreation Center
under the instruction of Donna Levine cordially invite you to attend their

ART EXHIBIT

October 23, 2006 -January 26, 2007

Opening Reception

Thursday, October 26, 6-8 pm

The exhibit will be held at the Tempe Public Library
Second Floor Gallery ~ 3500 S. Rural Rd.



"This exhibit offers an eclectic overview of some of the work accomplished in the retiree art classes. The wide range of subject matter expressed in oil, acrylic, water-color, colored pencil, and other drawing media, is truly extraordinary."

- Donna Levine

Visit our website at: <http://www.tempe.gov/pyle>

Retirees of Tempe Association
655 East Southern Avenue
Tempe, AZ 85282